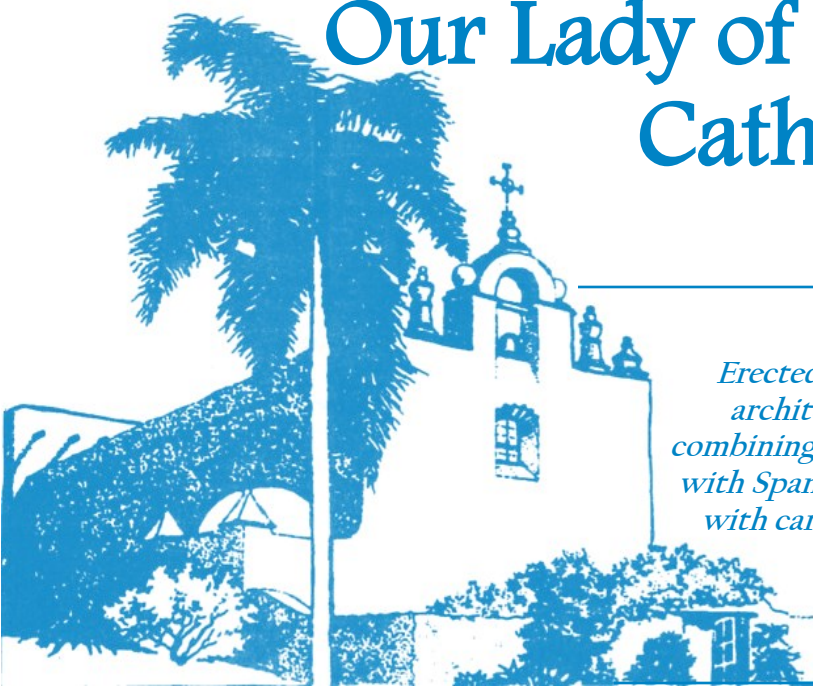


Our Lady of Mount Carmel Catholic Church



Erected in 1936, the entire structure reflects the architectural style developed by missionaries, combining the building patterns of the Pueblo Indians with Spanish-Colonial design. Even the landscaping, with carefully selected shrubs and trees is typical.

Monsignor Stephen Downes, Pastor
Father Maurice O'Mahony, Pastor Emeritus
Father Carrol O'Sullivan, Retired
Father Jack Shine, C.M., Weekend Associate

Rectory Phone: 969-6868
1300 East Valley Road Fax: 565-5959
Santa Barbara, California 93108
website: www.olmc-montecito.com
email: dellastrada1300@gmail.com

Masses

Daily 7:45 AM
Saturday 7:45 AM Vigil Mass: 4:30 PM
Sunday 8:00 AM, 10:00 AM, 12 Noon

Holy Day Mass Vigil 5:30 PM
Masses on Holy Day:
7:45 AM, 9:00 AM (*School Mass*) & 5:30 PM

Confessions: Saturdays 3:30-4:15 PM **In Side Chapel**

Baptisms: 1st & 2nd Sundays of the month 969-6868

Religious Education 969-4868
Sister Kathleen Patrice, C.S.J. - Director
srkathleen@mountcarmelschool.net

Youth Minister/Confirmation Coordinator
Sarah Mack - Youth Minister 574-9941
sarahm@mountcarmelschool.net
High School Confirmation - '*El Camino*'
Middle School Youth Group - '*The 'M&M's'*'

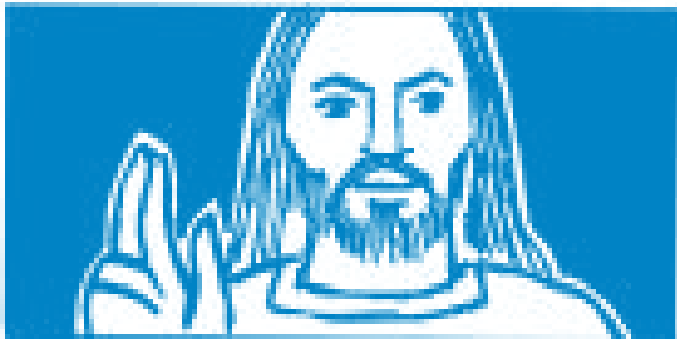
Weddings

The Bride or Groom must be a registered, contributing and active member of Mt. Carmel Parish for at least one year before requesting a marriage date.

Please call the Rectory at least six months before the proposed date of marriage or email us at weddings@olmc-montecito.com

Our Lady of Mount Carmel School 969-5965
530 Hot Springs Road • Santa Barbara, 93108
Pre-K thru 8th Grade • Principal — Karen Regan
www.mountcarmelschool.net

Secular Order of Carmelites - Meets 2nd Sat. of each month
Evelyn Duimovich 969-3858



Sixteenth Sunday in Ordinary Time
July 21, 2013

It is Christ whom we proclaim,
admonishing everyone and teaching
everyone with all wisdom, that we may
present everyone perfect in Christ.

— Colossians 1:28b



Our Lady of Mount Carmel

**WELCOME TO
OUR LADY OF MT. CARMEL PARISH**

If you are visiting or new to our community, *we are blessed that you are here to worship with us and we welcome you.* Our Pastor, Retired Priests and Parish Family extend the hospitality of Jesus Christ to you.

If you would like more information about our Parish, please call or stop by the Parish Office. The hours are M-F, 8:30am-12 noon and 1:30pm-5 pm. Coffee, Donuts & Cappuccino are served after the Sunday, 10am Mass (in the side courtyard). *Please join us!*

WHOLE COMMUNITY FAITH SHARING

Week of July 21st — Gospel of Luke

Reflection: This reading again gives us a lesson on prayer and balance. Martha approaches Jesus with a problem and the solution she wants to that problem, and the answer she receives is not the one she wanted. On the other hand, at the wedding feast at Cana, Mary, Jesus' mother, pointed out the problem to Jesus and left it up to Him to work out the solution. Martha and Mary typify a problem that we all encounter today "the act of balancing". According to the words of Jesus, Martha was being distracted by many things. The work that Martha was doing was not necessary. Martha created her own work. It was not demanded of her. She could have sat alongside Mary in order to be enriched by the spiritual foods that Jesus was feeding Mary. Mary is not better than Martha but Mary listens in order to become who she is supposed to be. Change must be marked by deliberate periods of listening and prayer. It is good to contemplate that like Martha, we can get lost in the things to do or to be done rather than remember like Mary, to become a people we are supposed to be.

Question: Which response to God's call is more natural to me -- prayer or good works? Why?

Faith Response: This week, I will challenge myself in my faith life to balance prayer and good works.

Please pray for the sick of our Parish

Beverly Peters, Jack Jones, Infant Adrian, Infant Dorian Vazquez, Robert Munoz, Eric Lundy, Shawn Cunningham, Nikki DeLeon, Kevin McKernan, Marti Boise, Ava Nebroski, Carolyn Bell, Jo Dushais, Coann Dow, Baby Angelina Repetti, Maria Bregy, Jim Fuller, Dottie and Jack McClellan, Maureen Turner, Bruce Albertson, Olga Aros, Anita Blanchett, Martha Bradley, Rosemary Donohue, Paul Dosa, Carmen Dragon, Jeffrey Luna, Laird Murfey, Virginia McDermott, Wayne Dreyer, Andrea Munoz, Rosemary Redmond, Patricia McNamara, Christopher Guadagnini, Mario Lara Jr., Sir Daniel Donohue, Tyler Hester, Leonard Jarrott, Dylan Swalley, Frances Maher, "Maddie" Press, the Borgatello Family, Maria Sandoval Pedrava, Marilyn Schuermann, Elizabeth Chulick and Pat Moylan.

If anyone you know is ill and needs to be visited, please call the Rectory at (805) 969-6868. Let us also pray for Bowe Bergdahl, a POW detained by the Taliban.



Ministry Assignments

SAT. JULY 20th

4:30 PM Eloise Srednicki - Lector
C. Jimenez, K. Flynn & S. de Ponce
Eucharistic Ministers
Benjamin & Matthew Helkey
Altar Servers

SUN. JULY 21st

8:00 AM Alicia McFarlane - Lector
G. & M. Mueller - Eucharistic Ministers
Anabel Caesar, Isabella Dozer & Alyssa Pakes
Altar Servers
10:00 AM Frederic Cogburn - Lector
C. Webb, C. Wathen, W. Gragg, M. Press
B. Nunez, F. Cogburn, R. & A. Bentajado
Eucharistic Ministers
Anthony Jensen, Alexis Albarran & Nathan Lopez
Altar Servers
12:00 PM Chris Toomey - Lector
B. Nielsen & M. Guadagnini
Eucharistic Ministers
Claire Nielsen & Ann Bentajado
Altar Servers



Mass Intentions

SAT. JULY 20th

7:45 AM M/M Fritz Burns +
4:30 PM Int. of George Halling Family

SUN. JULY 21st

8:00 AM For All Our Parishioners
10:00 AM Mary Owen +
12:00 PM Living & Deceased Members of Ziliotto Fam.

MON. JULY 22nd

7:45 AM Elena Cahir +

TUES. JULY 23rd

7:45 AM John Rosecrance +

WED. JULY 24th

7:45 AM M/M Edmund Mueller +

THU. JULY 25th

7:45 AM Norma Allin +

FRI. JUNE 26th

7:45 AM Elena Cahir +

SAT. JULY 27th

7:45 AM Dee Marrinucci +
4:30 PM Felisa Jimenez +

SUN. JULY 28th

8:00 AM For All Our Parishioners
10:00 AM Marilyn Lazaro +
12:00 PM Jeanne Regis +



GROUP LECTIO DIVINA

**When : Every Friday
Time: 7 pm to 8 pm
Where: Spiritual Library**

EVERYONE IS WELCOME!



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Here at OLMC Parish, we strive to offer our youth a place to “Belong, Believe, Become”

“El Camino”

High School Confirmation Group

Meets twice a month for Scripture Sharing, Faith Sharing, Retreats, Trips, Art, Food and FUN!!!



- ◇ Priority Registration *has begun*
(Please email Sarah to get your packet)
- ◇ Orientation Gathering - August 25th
11am to 12 pm *in the Church*

“M & M's”

Middle School Youth Group

Meets twice a month for Friendship, Discussion, Food, Games, Raffles and Fun, Fun Trips too!! BRING A FRIEND!!!



Upcoming Summer Events

- August 9th *Endless Summer* Ocean Kayaking
- August 25th Fall Orientation
- Sept. 4th Youth Group Kick-Off

If you would like more information about OLMC Youth Ministry or want to be added to our mailing list, please contact our Youth Minister Sarah Mack at 805-574-9941 or

El Campo Del Sol



Our Lady of Mount Carmel Parish is sponsoring *El Campo Del Sol Family Day & Backpack Outreach Program* on August 11th, benefitting the children living at The Carpinteria Camper Park, Dahlia Court and Chapel Court.

Please help us provide for the 150 children & teens of People's Self Help Housing by—

- ◇ Sponsoring a backpack filled with school supplies- \$45 per backpack.
- ◇ Collecting gently used children's & teen clothing
- ◇ Donating raffle items: boogie boards, beach toys/ games, soccer balls, and scooter/helmet.

If you can help, please contact Sister Kathleen Patricia at 805.969.4868.

School News

Parish School Information



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Our Lady of Mt. Carmel School provides students a strong faith centered education, rigorous academic program, close-knit family atmosphere and a highly qualified professional staff.

For more information about our programs and enrollment opportunities, contact our Principal, Karen Regan at karenr@mountcarmelschool.net or call (805)969/5965.

Safeguard our Children: Helpful tips to help children and the elderly bear the heat.

Did you know that elderly people (65 years and older), infants and children and people with chronic medical conditions are more prone to heat stress. Keep in mind that air-conditioning is the number one protective factor against heat-related illness and death. During conditions of extreme heat, spend time in locations with air-conditioning such as shopping malls, public libraries, or public health sponsored heat-relief shelters in your area. Get informed. Listen to local news and weather channels or contact your local public health department during extreme heat conditions for health and safety updates. Drink cool, nonalcoholic beverages and increase your fluid intake, regardless of your activity level. For more information visit: http://emergency.cdc.gov/disasters/extremeheat/heat_guide.asp.



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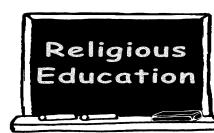
OLMC Spiritual Library

Spiritual Books, DVD's, and CD's for adults and children are available for checkout.

Open most Sundays from 9am to 12 noon.

Monthly schedule will be posted on the bulletin board outside the Spiritual Center.

(Located behind the Church, next to the school lunch benches.)



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Registration Begins!

Sunday, August 25th

Where: Parish Hall

When: After All the Masses

Classes **begin** on Sunday, September 8th and also, please join us for our 1st Family Mass at 10 am .



**Our Lady of Mount Carmel
Summer Book Club**

July Reading Selection

Gilead by Marilynne Robinson

Next Discussion Gathering - Weds. August 7th
7pm to 8pm - Spiritual Center

Refreshments Served - Please join us!!!

The Spiritual Center is located behind the Church, next to the school lunch tables.

PARISH FINANCES

Here is the report for the Offertory Collection on Sunday, July 6th & 7th:

Envelopes and Plate Collection	\$6653
<u>Donations</u>	<u>\$1250</u>
Total	\$7903

Very many thanks to our donors. Your generous donations fund all the parish worship, religious, educational and service programs of the parish. Many thanks and God's blessing on you and your family.

Living Stewardship Now.....

Declare one day a week "Random Acts of Kindness Day" and do things for people you don't know or are reluctant to be involved with.

TREASURES FROM OUR TRADITION

There's a different pace to a summer Sunday, especially on those days when we dream of air conditioning and wave any available paper to stir the air. Yet we persist in gathering, even with so many breaks from the usual routines. We distance ourselves not only from routines, but from schedules and familiar well-worn paths. These are playful days and contemplative days. We see long-lost friends and visit almost-forgotten places. We have more leisure than any people before in the history of the world, and we need it because our lives are so care-worn and tiring. More of us walk barefoot and look up at the stars or dip our toes in the lake or sea, sing around campfires, read novels on the beach, and eat comfort food with our fingers. We see how beautiful life can be, and are more aware than usual of how God is always breaking in with signs of love.

In Genesis today, Abraham and Sarah practice hospitality to their visitors, who turn out to be God dropping in. During the summer months, God practices hospitality in return, inviting us into a season of celebration. Keeping Sunday holy is a good habit to cultivate in these days when our spirits are especially receptive to God's deep desire for us to know divine love.

— James Field, Copyright © J. S. Paluch Co.

FROM THE PASTOR'S DESK

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"Fr. Steve"

"My home is your home" is the delightful welcome we often receive when we visit a Hispanic home. "One hundred thousand welcomes" is an old Irish greeting to guests. These greetings of welcome come to mind when we look at today's Readings. Abraham and Sara welcome three guests, not knowing they are God's representatives. Martha and Mary welcome Jesus to their home. Martha is very busy with all the preparations for such an important guest while Mary takes time to listen and be present to Jesus. It has been suggested that we are all called to be both Martha and Mary, by taking time in prayer and Bible reflection to be present to Jesus (like Mary) and also attempting (like Martha) to put into action our words of welcome and love for Jesus and the guest who comes. Today's Readings encourage us to welcome each guest and each other as we would welcome Jesus himself.

* We are blessed to have Father Liam O'Connell, S.J., here at Our Lady of Mount Carmel during the month of July. Father Liam is the cousin of Father Maurice O'Mahony, our Pastor Emeritus. Father Liam has come to serve at Mount Carmel each summer for the last fifteen years. He will be with us until July 29th.

* Father Steve, our Pastor, is away from the parish on his annual vacation. He will return to Our Lady of Mount Carmel on July 30th.

* Archbishop Jose Gomez, Archbishop of Los Angeles, has asked all Catholics to immediately contact your California Assembly members and urge them to vote "no" on Senate Bill 131. Simply tell your representatives to vote "no" because this legislation puts the social services and educational work of the Church at risk and unjustly discriminates against Catholic schools and other private employers. The Bishops of the California Catholic Conference believe it is urgent for Catholics to act now. For background on SB 131 visit the Archdiocese's Resources for Faithful Citizenship page at www.la-archdiocese.org/

Amen! Amen! | believe!



Our prayers and sincere sympathy to the family and friends of **Eleanor Sutherland**, who died this past week.

May our Heavenly Father welcome her into His Kingdom and grant her the happiness of heaven. May she rest in peace.